

E2: Stop! You're Doing Too Much Too Early In Your Relationship!

Do you bring home the bacon, fry it up in a pan and never never let him forget he's the man? While that might work for the Enjoli perfume commercial, it doesn't work for your relationship. Doing too much too early in your relationships, though a common mistake of the high achieving, seldom gives you what you really really want. This episode cuts through the denial and gives a compelling argument for why you should stop doing so much!

About Suzette

Your Relationship Solutionist Suzette Vearnon is the creator and host of Enough Factor Podcast. An extension of her MusicMath[®] Approach for Dating and Relating, the podcast focuses on 3 Critical Factors of Enoughness:

- Your Voice
- Your Value
- Your Vision

To dig deeper in the topics and to provide a safe place for individuals on their enough journey, Suzette formed the Enough Factor Connect group. There, high achieving women can redefine what makes them enough on their own terms.

Every product and service in her suite of offerings carries her IN-Powering message

In this episode, your host Suzette Vearnon examines

- Why your making things easier on your man doesn't make him appreciate you more
- What makes you shine the brightest in your relationships
- The right side and the wrong side of dating
- The root of mistrust

Things that made us go hmmm

"If the man is only in a relationship with you because he has an assignment for you in his life...then he's not the one"

"Women who leave themselves for the other person betray themselves"

"I came out feeling more empowered because I figured out that I could be trusted."

"If it's not already inside of you to betray yourself, then a person cannot convince you to betray yourself."

What were your aha moments? We'd love to hear them!

To dive more deeply into today's episode or to get answers to specific questions, join other Enough Warriors at [Enough Factor Connect](#).

Interested in the free audio?

[Instantly access](#) "How Dating Mr. Wrong Led Me To Mr. Right" now!

Interested in being a guest?

We've made it easy peasy! Click [here](#) and someone from our team will contact you!

Thank you for listening!

Credits

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